

Beyond the Map

PACKING FOR PERU

➤ [Guide 101](#)



PACKING LIST

PACK LESS, ENJOY MORE



IMPORTANT NOTES

By packing for your trek according to this list, you will keep the weight of your gear manageable. We advise you to avoid packing anything not on this list – trust us – you won't need it, and your back will thank you! You can leave any excess gear at your hotel in Cusco – all hotels are accustomed to trekkers and happy to store luggage. If you are not sure what any of the gear items are, please ask us or your nearest outdoor retailer. For the sake of your own comfort and safety, we want you to be as prepared as possible for your trip!

ESSENTIAL TRAVEL DOCUMENTS

- Passport with at least 6 months validity from date of arrival**
 - Store passport in a waterproof or ziplock bag
 - A printed or electronic copy is advised

- Spending money**
 - US\$ cash and/or Peru Soles (which can be obtained upon arrival)
 - Most travelers bring \$100-\$200 USD depending on spending habits.

GEAR RENTAL

Items marked with an asterisk (*) are available for rent from us. If you would like to rent any of these items, please request them at least three weeks in advance. Available until supplies lasts.

PACKING LIST

PACK LESS, ENJOY MORE

GEAR LIST: ESSENTIAL ITEMS

- *Backpack** (40-70 litre backpack)
- *Waterproof bag cover** (to keep your bag dry during rain)
- *Sleeping bag** (depending on the season, forecast and personal preference, we recommend a sleeping bag rating of 0°F - 32°F)
- *Sleeping pad** (for insulation from the ground)
- Waterproof raincoat or poncho**
- Hiking boots/trail runners** (shoes vary greatly depending on preference and comfort. If buying new, please wear them ahead of time to break them in and assess the comfort)
- Hiking socks** (2-3 sets of long, non-cotton cold weather socks)
- Hiking clothes** (2-3 sets. Non-cotton shirts, lightweight shorts/pants)
- *Down/fleece jacket** (useful in the evenings when it cools down)
- *Water bladder/water bottle** (no less than 1-2 litres in capacity)
- *Headlamp & spare batteries**
- Ball cap** (for sun) & **beanie** (or buy one in Cusco, they're everywhere)
- Sunglasses** (we also use **croakies** with our glasses for convenience)
- Bathing suit** (for hot springs)
- *Travel towel** (or small packable towel)
- Sunscreen & insect repellent** (for Machu Picchu)
- Personal toiletries** (toilet paper, toothbrush/paste, soap, hand sanitizer, anti-chafing cream, etc)
- Medications/Travel Docs** (prescriptions, insurance docs)
- Personal first aid** (we carry one as well but if you prefer to have your own we recommend including blister treatment (leuko tape/mole skin), pain meds, anti-chafing cream)
- Plastic bags/dry bag/stuff sacs** (handy for keeping dirty/wet clothes separate)
- Toilet Paper** (for days while hiking on the trail)
- *Trekking poles** (1 or 2 trekking poles makes a HUGE difference to save your knees and energy)

PACKING LIST

PACK LESS, ENJOY MORE

GEAR LIST: ADDITIONAL ITEMS

- Evening/sleeping clothes** (1 set of warm clothes to change in to at camp)
- Camp footwear** (crocs, sandals, tevas- something lightweight to wear around camp)
- Energy snacks & drinks** (light snacks will be provided, but if you would like your own personal items, we recommend bringing those as well)
- *Camp pillow** (nice lux item but we recommend a stuff sack full of clothes instead)
- Camera, memory cards, and batteries or charger (no electricity a few nights)**
- iPod/music** (we recommend enjoying the sights and sounds without electronics but it is also nice to listen to music or a podcast during long stretches of hiking or before bed- download first)
- Ear plugs** (useful for light sleepers- remember we are sharing sleeping quarters)
- Rain pants** (useful for especially wet hiking days)
- Light gloves** (useful at night)
- Mileage/mapping App** (we recommend Relive)
- Bandana/Buff** (all around purpose to have)
- Carabiner** (1 or 2 for strapping camp shoes etc to backpack)
- Lock** (required if you plan to leave items behind while on the hike)

NOTES FOR YOURSELF:

PACKING LIST

PACK LESS, ENJOY MORE

RENTAL SERVICES:

TIER 1 ITEMS: \$35 PER ITEM FOR ENTIRE TRIP

- Backpack
- Sleeping bag
- Sleeping pad
- Trekking poles (2)
- Mule Transport (\$55 per person)

TIER 2 ITEMS: \$15 PER ITEM FOR ENTIRE TRIP

- Waterproof bag cover
- Down/fleece jacket
- Waterbladder
- Headlamp
- Camp pillow
- Rain gear (top & bottom)

TIER 3 ITEMS: \$5 PER ITEM FOR ENTIRE TRIP

- Travel towel
- Water bottle & carabiner
- Dry bag
- Lock

***Rental gear requires a three week minimum notice**

***All rental gear is designed for lightweight backpacking**

***Prior pick up may be required for larger items or an additional fee may be charged for shipping**

***Gear rental requires a signed agreement prior to rental**