

Beyond the Map

PACKING FOR PUERTO RICO

➤ Guide 101



PACKING LIST

PACK LESS, ENJOY MORE



IMPORTANT NOTES

By packing for your trip according to this list, you will be most prepared for the activities ahead. We advise you to avoid packing anything not on this list – trust us – you won't need it! This trip involves extensive periods of time outside in a tropical environment. Excess items often leads to more time spent packing and unpacking. If you are not sure what any of the gear items are, please ask us or your nearest outdoor retailer. For the sake of your own comfort and safety, we want you to be as prepared as possible for your trip!

ESSENTIAL TRAVEL DOCUMENTS

- Passport with at least 6 months validity from date of arrival**
 - Store passport in a waterproof or ziplock bag
 - A printed or electronic copy is advised

- Spending money**
 - US\$ cash and credit cards are accepted throughout Puerto Rico.
 - Most travelers bring \$50-\$100 USD for extra spending money.

GEAR RENTAL

Items marked with an asterisk (*) are available for rent from us. If you would like to rent any of these items, please request them at least two weeks in advance. Available until supplies lasts.

PACKING LIST

PACK LESS, ENJOY MORE

GEAR LIST: ESSENTIAL ITEMS

- *Backpack** (a basic)
- Waterproof raincoat or poncho**
- Hiking boots/athletic shoes** (Please have shoes with tread for muddy areas. Sturdy shoes with good traction are perhaps one of the most important items to pack- they will get wet & dirty)
- Socks** (minimum 4-5 pairs of non-cotton socks)
- Athletic clothes** (3-5 sets. Non-cotton shirts, lightweight shorts/pants- they will get dirty & wet)
- *Water bladder/water bottle** (1-2 litres capacity is good- no single use water-bottles permitted)
- Ball cap** (for sun)
- Sunglasses** (we also use **croakies** with our glasses for convenience)
- Bathing suit** (suits made for activities are useful- ie. one piece instead of two piece)
- Travel towel** (or small packable towel for water activities)
- Sunscreen & insect repellent**
- Personal toiletries** (toothbrush/paste, soap, hand sanitizer, anti-chafing cream, contacts, etc)
- Dry bags/Plastic bags** (handy for keeping dirty/wet clothes separate)
- Soft duffel bag** (to pack your items in- please do not bring a wheeled suitcase)
- Evening/sleeping clothes**
- Relaxed footwear** (Crocs, sandals, Chacos- something to wear around at night)
- Casual Clothes** (3-5 sets. Comfortable clothes for evenings, travel and down time)

PACKING LIST

PACK LESS, ENJOY MORE

GEAR LIST: OPTIONAL ITEMS

- Energy snacks & drinks** (some snacks will be provided, but we recommend bringing any energy supplements or personal snacks you would like)
- Light fleece** (useful in the evenings when it cools down)
- Spare Shoes** (secure shoes with good tread that can get wet & muddy)
- Ear plugs** (useful for light sleepers while in shared rooms)
- Mileage/mapping App** (we recommend Relive)
- Bandana/Buff** (all around useful to have)
- Carabiner** (1 or 2 for strapping items like a water bottle to your backpack)
- Camera, memory cards, and batteries or charger**
- Personal first aid** (we carry one as well but if you require or prefer certain items we recommend packing a personal one as well)
- Journal/Book** (for evenings or longer car rides)
- Travel Hammock** (certainly not necessary but often nice to have)

NOTES FOR YOURSELF: